

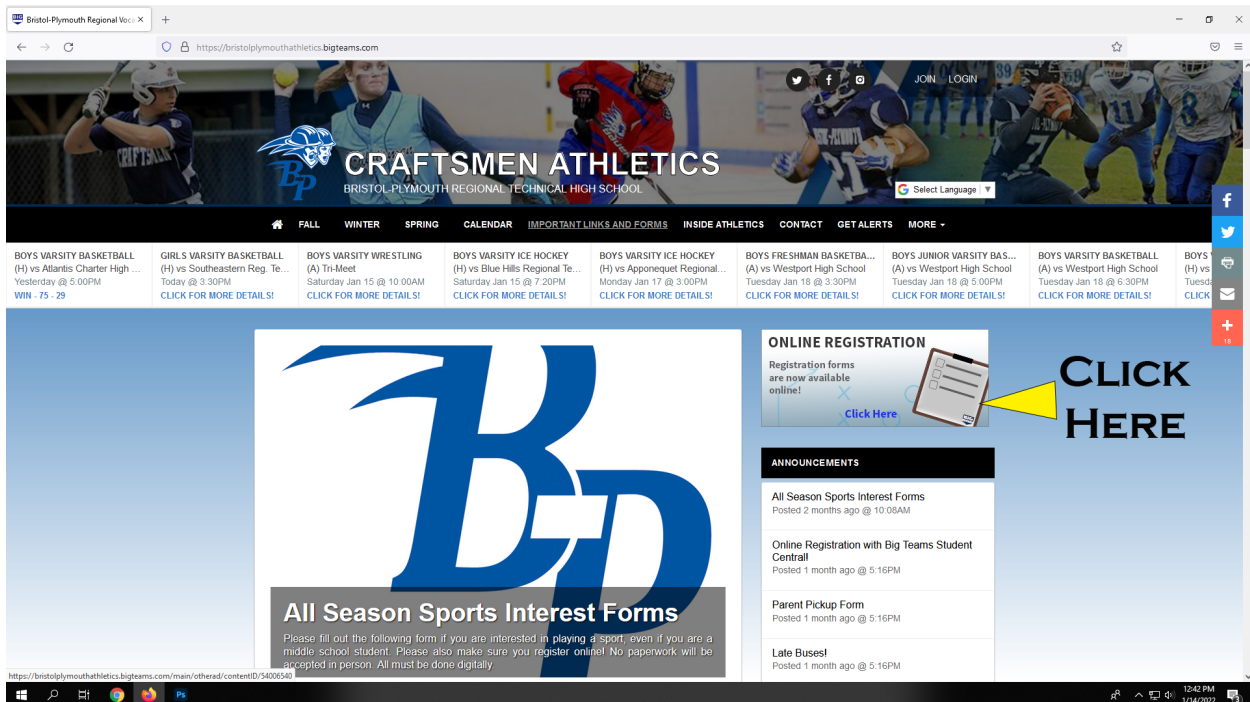
BIG TEAMS REGISTRATION STEP BY STEP GUIDE

BRISTOL-PLYMOUTH ATHLETICS

STEP 1



STEP 2



BIG TEAMS REGISTRATION STEP BY STEP GUIDE

BRISTOL-PLYMOUTH ATHLETICS

STEP 3

INCOMING FRESHMEN NEED TO CLICK SIGN-UP. COMPLETE THE SIGN UP PROCESS USING A PERSONAL EMAIL. ONCE SIGN UP IS COMPLETED MOVE ONTO STEP #4

[INCOMING FRESHMEN WILL NOT HAVE BP EMAIL UNTIL THE FIRST DAY OF SCHOOL.]

SIGN IN TO CONTINUE.

Students: Click here to use your Student ID to log in.

Email or Mobile Number

Password [Forgot password?](#)

Keep me signed in [More info.](#)

By logging in, I agree to the [End User Agreement](#) and [Privacy Policy](#).

[Sign In](#)

New to Student Central?

[Sign Up](#)

STEP 4

Click Linked Accounts
Enter your parent/guardian's email address

Account Linking

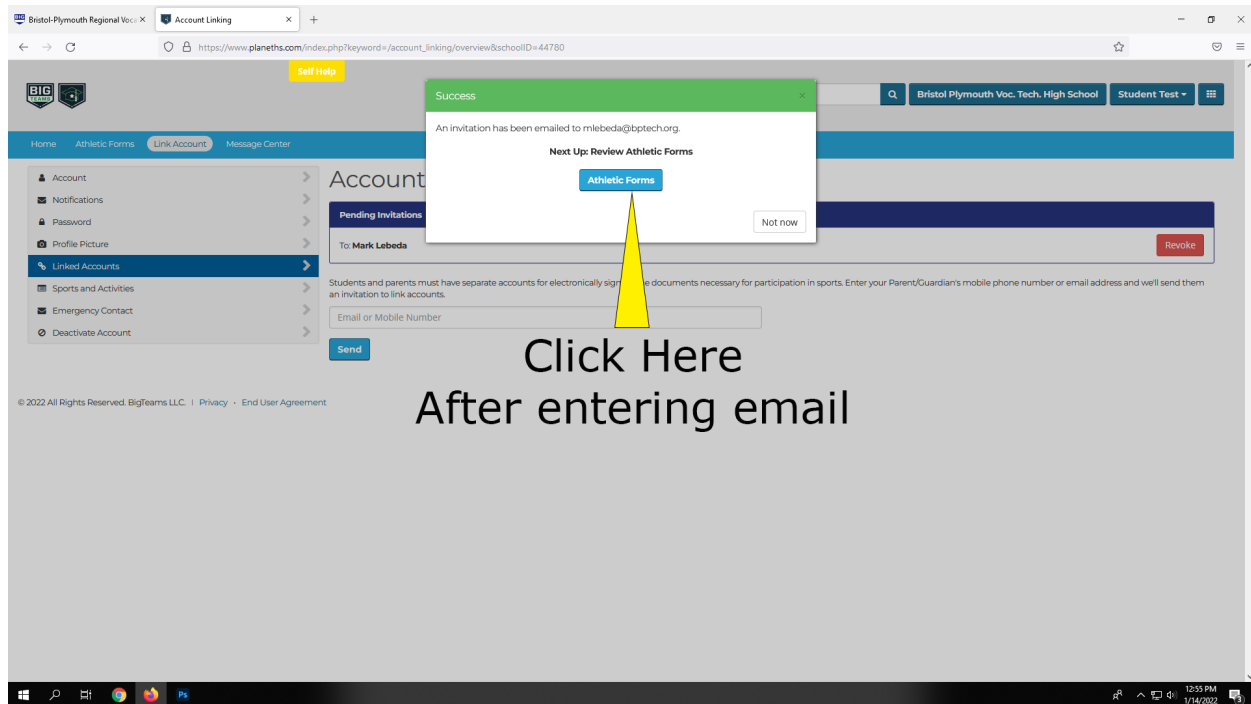
Students and parents must have separate accounts for electronically signing the documents necessary for participation in sports. Enter your Parent/Guardian's mobile phone number or email address and we'll send them an invitation to link accounts.

Email or Mobile Number

[Send](#)

BIG TEAMS REGISTRATION STEP BY STEP GUIDE BRISTOL-PLYMOUTH ATHLETICS

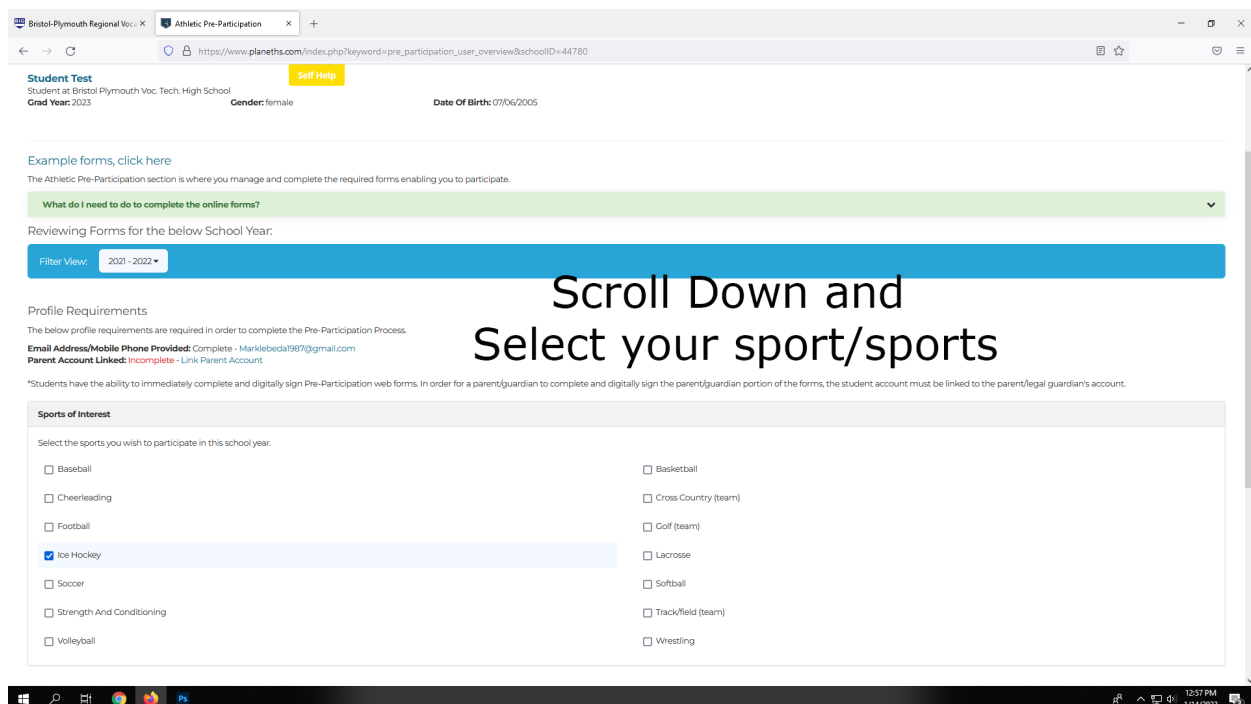
STEP 5



The screenshot shows the 'Account Linking' page in a web browser. A green success message box is displayed in the center, stating 'Success' and 'An invitation has been emailed to mlebeda@lbptech.org.' Below this message is a white box with the heading 'Next Up: Review Athletic Forms' and a blue button labeled 'Athletic Forms'. A yellow arrow points to this button. The background shows the user's account profile for Mark Lebeda, with a 'Send' button and a 'Revoke' button. The browser address bar shows the URL: https://www.planeths.com/index.php?keyword=/account_linking/overview&schoolID=44780.

Click Here
After entering email

STEP 6



The screenshot shows the 'Athletic Pre-Participation' page. At the top, it displays the user's profile: Student at Bristol Plymouth Voc. Tech, High School, Grad Year: 2023, Gender: female, Date Of Birth: 07/06/2005. Below this is a section titled 'Example forms, click here' with a dropdown menu. A blue bar indicates 'Filter View: 2021 - 2022'. The 'Profile Requirements' section lists 'Email Address/Mobile Phone Provided: Complete - Mlebeda987@gmail.com' and 'Parent Account Linked: Incomplete - Link Parent Account'. A note states: '*Students have the ability to immediately complete and digitally sign Pre-Participation web forms. In order for a parent/guardian to complete and digitally sign the parent/guardian portion of the forms, the student account must be linked to the parent/legal guardian's account.' The 'Sports of Interest' section asks to 'Select the sports you wish to participate in this school year.' and lists various sports with checkboxes. 'Ice Hockey' is selected.

Scroll Down and
Select your sport/sports

BIG TEAMS REGISTRATION STEP BY STEP GUIDE

BRISTOL-PLYMOUTH ATHLETICS

STEP 7

Sports of Interest

Select the sports you wish to participate in this school year.

<input type="checkbox"/> Baseball	<input type="checkbox"/> Basketball
<input type="checkbox"/> Cheerleading	<input type="checkbox"/> Cross Country (team)
<input type="checkbox"/> Football	<input type="checkbox"/> Golf (team)
<input checked="" type="checkbox"/> Ice Hockey	<input type="checkbox"/> Lacrosse
<input type="checkbox"/> Soccer	<input type="checkbox"/> Softball
<input type="checkbox"/> Strength And Conditioning	<input type="checkbox"/> Track/Field (team)
<input type="checkbox"/> Volleyball	<input type="checkbox"/> Wrestling

Completion of These Forms is Required of Each Student
The forms below must be completed by both the student and a parent or legal guardian. Only after the Sports Director has reviewed and approved the completed forms will the student be allowed to participate in team activities.

Status Legend

- Awaiting Student Signature:** The student needs to log into their account to review and sign the form
- Awaiting Parent Signature:** The parent needs to log into their account to review and sign the form
- Pending Staff Approval:** The form is now waiting for the Sports Director at your school to review and approve the form
- Declined:** Staff has Declined the form
- Complete:** This form has been approved by the Sports Director at your school

MIAA Medical Questionnaire **Incomplete**

Physical Exam Form **Incomplete**

Concussion & Substance Abuse Acknowledgement **Incomplete**

NFHS Online Concussion Test UPLOAD **Incomplete**

Student/Parent Athletic Agreement **Incomplete**

Athletic Participation/Emergency Consent Form **Incomplete**

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STEP 8

Sports of Interest

Select the sports you wish to participate in this school year.

<input type="checkbox"/> Baseball	<input type="checkbox"/> Basketball
<input type="checkbox"/> Cheerleading	<input type="checkbox"/> Cross Country (team)
<input type="checkbox"/> Football	<input type="checkbox"/> Golf (team)
<input checked="" type="checkbox"/> Ice Hockey	<input type="checkbox"/> Lacrosse
<input type="checkbox"/> Soccer	<input type="checkbox"/> Softball
<input type="checkbox"/> Strength And Conditioning	<input type="checkbox"/> Track/Field (team)
<input type="checkbox"/> Volleyball	<input type="checkbox"/> Wrestling

Completion of These Forms is Required of Each Student
The forms below must be completed by both the student and a parent or legal guardian. Only after the Sports Director has reviewed and approved the completed forms will the student be allowed to participate in team activities.

Status Legend

- Awaiting Student Signature:** The student needs to log into their account to review and sign the form
- Awaiting Parent Signature:** The parent needs to log into their account to review and sign the form
- Pending Staff Approval:** The form is now waiting for the Sports Director at your school to review and approve the form
- Declined:** Staff has Declined the form
- Complete:** This form has been approved by the Sports Director at your school

MIAA Medical Questionnaire **Incomplete**

Physical Exam Form **Incomplete**

Concussion & Substance Abuse Acknowledgement **Incomplete**

NFHS Online Concussion Test UPLOAD **Incomplete**

Student/Parent Athletic Agreement **Incomplete**

Athletic Participation/Emergency Consent Form **Incomplete**

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BIG TEAMS REGISTRATION STEP BY STEP GUIDE

BRISTOL-PLYMOUTH ATHLETICS

STEP 9

Back Wrist Kneec
Chest Hand Shin/Calf
Shoulder Finger Ankle
Upper Arm Foot

36. * Do you want to weigh more or less than you do now?

37. * Do you lose weight regularly to meet weight requirements for your sport?

38. * Do you feel stressed out?

39. * Record the dates of your most recent immunizations (shots) for:

Tetanus:	Hepatitis B:	Measles:	Chicken Pox:
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

Explain "yes" answers here

MIAA Medical Questionnaire

Fill out Digitally and Click Sign and Submit

I HEREBY STATE THAT TO THE BEST OF MY KNOWLEDGE, MY ANSWERS TO THE ABOVE QUESTIONS ARE COMPLETE AND CORRECT.

My clicking on the Sign & Submit Form button below is my signature and indicates that to the best of my knowledge, my answers and information provided to the above questions are complete and correct. I understand that the information about my account that I have provided on this form may be used for analytical and research purposes anonymously (without any personally identifying information) I consent to the access and use of this data by Massachusetts Interscholastic Athletic Association High Schools, the Bristol-Plymouth Regional Vocational Technical, PlanetsHS, LLC.

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STEP 10

Physical Exam Form

Take a picture of or save your physical as a PDF. Click upload document and follow the steps to upload your physical

Student Test
Bristol Plymouth Voc. Tech, High School
Grad Year: 2023 | Gender: female | Date Of Birth: 07/06/2005

Items marked with an asterisk (*) are required.
** To view a PDF in your browser, install/enable a PDF Reader extension/plugin.

Form Requirement(s)

- Parent Signature Required.
- This form will expire after 13 months.

Ready to submit?

You can submit paper pre-participation forms in two ways.

- Scan or photograph the Physical Exam Form, making sure the final image is legible. NOTE: For Physical Evaluation Forms, capture the form with the physician's signature and date of exam.
 - Click the Upload Button below.
 - Search for the scan or photograph of the Physical Exam Form.
 - Click the Upload Document button to complete the upload.
 - NOTE: Unless otherwise noted, only a single file can be uploaded. Any subsequent file uploaded before it is approved will overwrite the previous upload.
 - Digitally Sign to submit the uploaded, completed copy of the Physical Exam Form.

**if you have chosen to Upload a document, completing the web-form is not necessary.

My clicking on the Sign & Submit Form button below is my signature and indicates that to the best of my knowledge, my answers and information provided to the above questions are complete and correct. I understand that the information about my account that I have provided on this form may be used for analytical and research purposes anonymously (without any personally identifying information) I consent to the access and use of this data by Massachusetts Interscholastic Athletic Association High Schools, the Bristol-Plymouth Regional Vocational Technical, PlanetsHS, LLC.

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BIG TEAMS REGISTRATION STEP BY STEP GUIDE

BRISTOL-PLYMOUTH ATHLETICS

STEP 11

The screenshot shows a web browser window with the URL https://www.planeths.com/index.php?keyword=pre_participation_form_edit&formKey=district_4196_concussion_abuse_substance&userInFocus=1994688&formYear=2021&schoolID=44780. The page title is "Concussion & Substance Abuse Acknowledgement".

Student Test
Bristol Plymouth Voc. Tech. High School
Grad Year: 2023 | Gender: female | Date Of Birth: 07/06/2005

Items marked with an asterisk (*) are required.
** To view a PDF in your browser, install/enable a PDF Reader extension/plugin.

Form Requirement(s)

- Student Athlete Signature Required.
- Parent Signature Required.

Print / Upload Here

Concussion & Substance Abuse Acknowledgement

READ Concussion Information Material [Click here to open and read document](#)

Dear Parent/Guardian:

****Do Not Print****

MA regulation 105 CMR 201.000 requires that parents/guardians of any student who plans on participating in interscholastic athletics complete a pre-participation course on concussion. No student is allowed to participate or compete until the parent/guardian has completed the concussion training and sign off sheet. In addition, parents/guardians of athletes must also indicate that they have received and read information about substance abuse and prevention of addiction. These two requirements can be met by:

Reading the attached concussion written materials, "CDC Concussion Information Sheet" and the "Stop the Addiction" information and signing this form indicating that you have read and understand the printed educational materials. Materials included in this packet may also be found at:
<https://www.cdc.gov/headsup/youthsports/parents.html>
<http://www.mass.gov/stopaddiction>

I hereby state that I have read and understand the concussion and substance abuse materials provided or accessed on the two links above. Also we have read the Student/Parent Agreement documents describing Good Citizen rules and regulations set forth by the MIAA. The student and parent's signatures are needed in agreement before a student is allowed to participate in sports.

My clicking on the Sign & Submit Form button below is my signature and indicates that to the best of my knowledge, my answers and information provided to the above questions are complete and correct. I understand that the information about my account that I have provided (including identifying information) consent to the access and use of this data by Massachusetts Interscholastic Athletic Association High Schools, the Bristol-Plymouth Regional Vocational Technical, Planeths, LLC.

[Back](#) [Sign & Submit Form](#)

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STEP 12

The screenshot shows a web browser window with the URL https://www.planeths.com/index.php?keyword=pre_participation_form_edit&formKey=school_44780_online_concussion_form&userInFocus=1994688&formYear=2021&schoolID=44780. The page title is "NFHS Online Concussion Test UPLOAD".

Student Test
Bristol Plymouth Voc. Tech. High School
Grad Year: 2023 | Gender: female | Date Of Birth: 07/06/2005

Items marked with an asterisk (*) are required.
** To view a PDF in your browser, install/enable a PDF Reader extension/plugin.

Form Requirement(s)

- Student Athlete Signature Required.
- Parent Signature Required.

Ready to submit?

You can submit paper pre-participation forms in two ways.

1. Scan or photograph the NFHS Online Concussion Test UPLOAD, making sure the final image is legible.
 - o Click the Upload Button below.
 - o Search for the scan or photograph of the NFHS Online Concussion Test UPLOAD.
 - o Click the Upload Document button to complete the upload.

NOTE: Unless otherwise noted, only a single file can be uploaded. Any subsequent file uploaded before it is approved will overwrite the previous upload.

- o Digitally Sign to submit the uploaded, completed copy of the NFHS Online Concussion Test UPLOAD.

[Upload Document](#)

**If you have chosen to Upload a document, completing the web-form is not necessary.

My clicking on the Sign & Submit Form button below is my signature and indicates that to the best of my knowledge, my answers and information provided to the above questions are complete and correct. I understand that the information about my account that I have provided on this form may be used for analytical and research purposes anonymously (without any personally identifying information) consent to the access and use of this data by Massachusetts Interscholastic Athletic Association High Schools, the Bristol-Plymouth Regional Vocational Technical, Planeths, LLC.

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Follow steps 13-18
Then upload completion
certificate here

BIG TEAMS REGISTRATION STEP BY STEP GUIDE

BRISTOL-PLYMOUTH ATHLETICS

STEP 13

Then click here to take course

On the BP Athletics Page Click Important Links and Forms

IMPORTANT LINKS AND FORMS

Required Concussion Course:

- [Course](#) - Create an account and add the course to your cart. Need to have certificate at the end to upload to the online registration for sports.

New Required Implicit Bias Course and Pledge:

- Please complete this [required course](#) on NFHS Learn.
- Also please complete this [Implicit Bias Pledge](#)
- Please print your certificate and the pledge and turn them into the Athletic Director.

Coaches Handbook:

- [Coaches' Handbook 2021-22](#)

Required Signed Forms (+Covid):

- [Sports Health Clearance \(COVID\)](#)

Additional Downloads

- [Know Your Concussion ABC's](#)
- [Opoid Misuse Prevention](#)

UPCOMING EVENTS

- **Boys Varsity Wrestling**
Tri-Meet
(A) Saturday Jan 15 @ 10:00AM vs Multiple Opponents
- **Boys Varsity Ice Hockey**
(H) Saturday Jan 15 @ 7:20PM vs Blue Hills High School
@ Bristol-Plymouth Regional Vocational School
- **Boys Varsity Ice Hockey**
(H) Monday Jan 17 @ 3:00PM vs Apponequet Regional HS
@ Bristol-Plymouth Regional Vocational School
- **Boys Varsity Basketball**
(A) Tuesday Jan 18 @ 6:30PM vs Westport High School
- **Boys Varsity Wrestling**
(H) Tuesday Jan 18 @ 7:00PM vs Bristol County Agriculture Wrestling Co-Op

STEP 14

Click Register

Concussion for Students
Elective Course

Description

Concussion for Students, developed in Partnership with the Barrow Neurological Institute, has been designed specifically for students to inform them on how to identify, react to, and prevent concussions. This free course is presented as a social media conversation, showing how four different students learn about concussion in different ways. It includes high school students and medical professionals discussing concussion. The key goal is for students to be able to identify signs and symptoms of a concussion so that they can get immediate help before any further injury can occur.

This Course Includes

- ✓ Approved for 1 Clock Hour
- ✓ Certificate of Completion
- ✓ Additional Resources

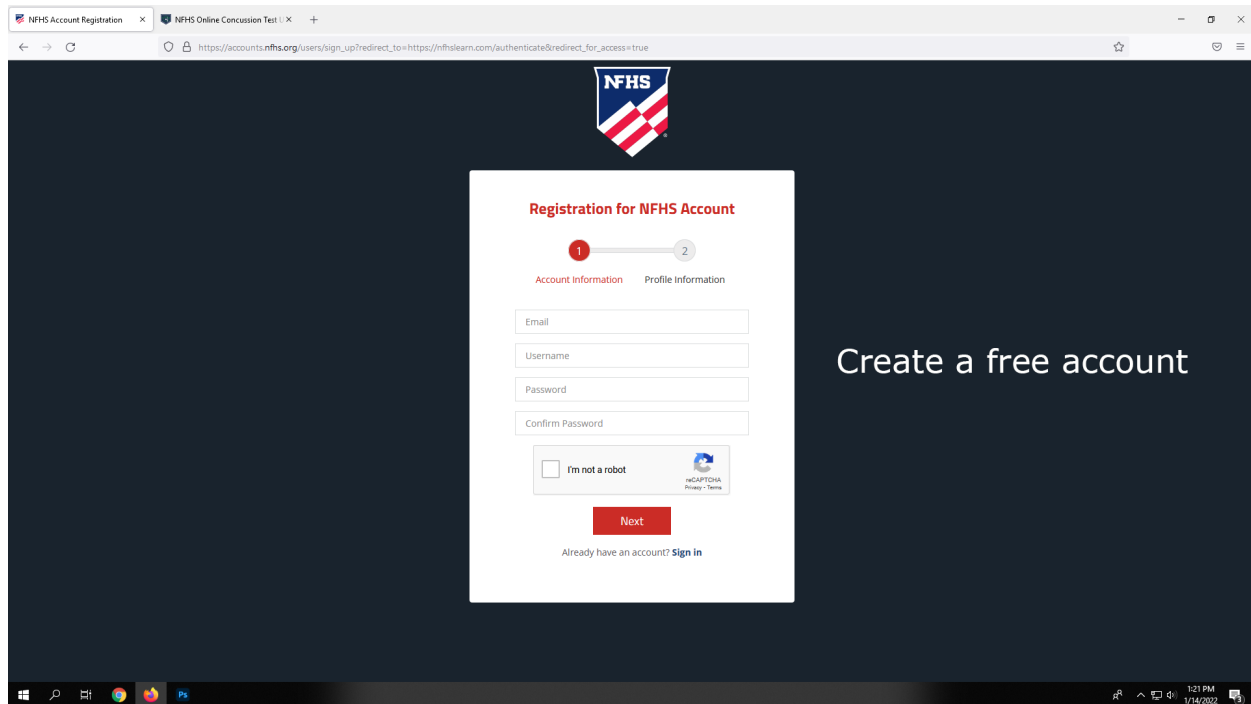
Concussion for Students

Student Mental Health and Suicide Prevention

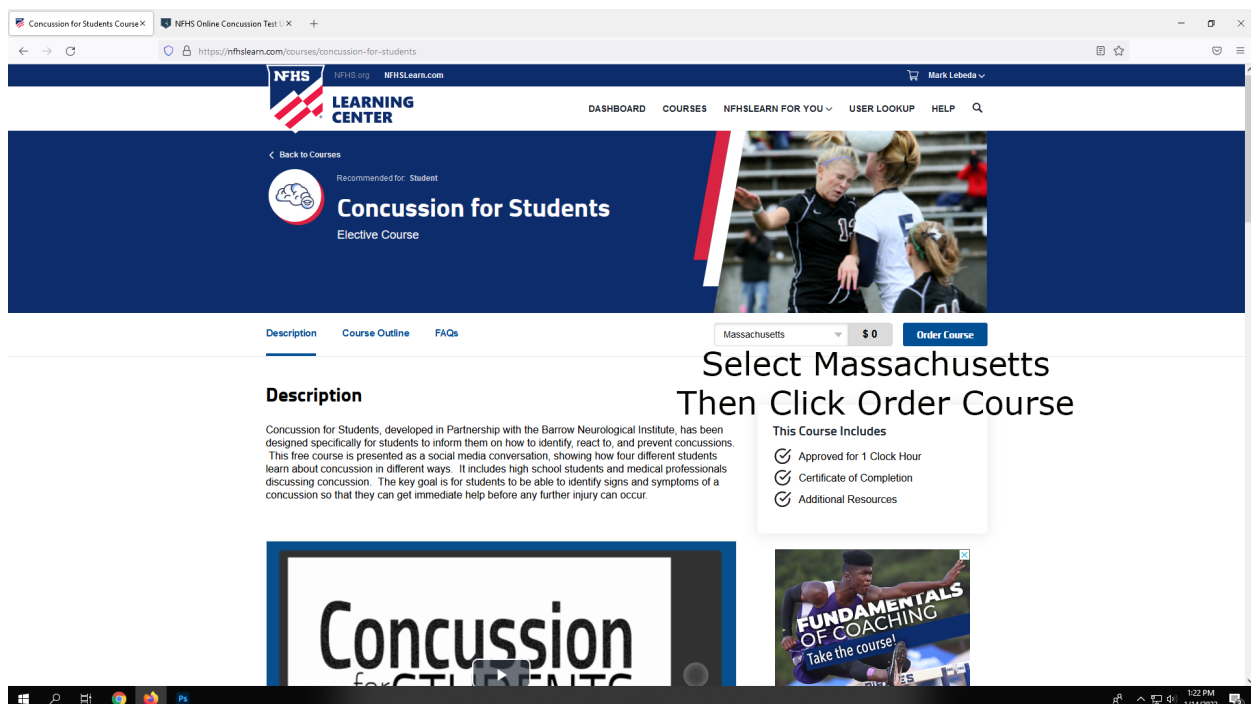
BIG TEAMS REGISTRATION STEP BY STEP GUIDE

BRISTOL-PLYMOUTH ATHLETICS

STEP 15



STEP 16



BIG TEAMS REGISTRATION STEP BY STEP GUIDE BRISTOL-PLYMOUTH ATHLETICS

STEP 17

The screenshot shows the NFHS Learning Center website interface. At the top, there is a navigation bar with the NFHS Learning Center logo and links for Dashboard, Courses, NFHS Learn for You, User Lookup, and Help. Below the navigation bar, there are three main sections:

- Left Section:** "After checkout click on 'Go To My Courses'" with a blue button labeled "Go To My Courses".
- Middle Section:** "Your Order Receipt Thank you for your order!" with a "Print Receipt" button. Below this is a table titled "Courses for Myself" with columns for Item, State, Qty, Price, and Total. The table contains one row: "Concussion for Students" in MA, Qty 1, Price \$0.00, Total \$0.00. Below the table, it shows "Subtotal: \$0.00" and "Total: \$0.00".
- Right Section:** "Take Course and at the end Save Your Certificate as a PDF Or take a picture of it". Below this is an "Invoice #R953396666" with details: Date 01/14/2022, Total \$0.00, Name Mark Lebeda, Payment Method Free Course. A note at the bottom right says "Credit Card Payment to National Federation of State High School Associations".

STEP 18 (EXAMPLE CERTIFICATE)

The certificate is titled "Completion Certificate" and features the NFHS Learning Center logo on the left and the CDC logo at the top center. The text on the certificate reads:

Completion Certificate

has successfully completed

Concussion In Sports

07/25/2020 Date of Completion Texas State of Completion

Dr. Karina L. Nichoff NFHS Executive Director 900F4AB8B321 Completion Code

This certificate documents course completion, not mastery of content. This course is approved for 1(one) Clock Hour by the NFHS.

BIG TEAMS REGISTRATION STEP BY STEP GUIDE

BRISTOL-PLYMOUTH ATHLETICS

STEP 19

Order R953396666 - NFHS SHOP X Student/Parent Athletic Agree X +

https://www.planeths.com/index.php?keyword=pre_participation_form_edit&formKey=district_4196_athletic_agreement&userInFocus=1994688&formYear=2021&schoolID=44780

Self Help

Search [] Bristol Plymouth Voc. Tech. High School Student Test +

Home Athletic Forms Link Account Message Center

Student/Parent Athletic Agreement

Student Test
Bristol Plymouth Voc. Tech. High School
Grad Year: 2023 | Gender: female | Date Of Birth: 07/06/2005

Items marked with an asterisk (*) are required.
** To view a PDF in your browser, install/enable a PDF Reader extension/plugin.

Form Requirement(s)

- Student Athlete Signature Required.
- Parent Signature Required.

Print / Upload Here

Student/Parent Athletic Agreement

READ Athletic Agreement **Click and read agreement **Do Not Print***

Parent Only **Once completed close document and initial here**

Understand failure to comply with these rules will result in the stated consequence.

My clicking on the Sign & Submit Form button below is my signature and indicates that to the best of my knowledge, my answers and information provided to the above questions are complete and correct. I understand that the information about my account that I have provided on this form may be used for analytical and research purposes anonymously (without any personally identifying information) I consent to the access and use of this data by Massachusetts Interscholastic Athletic Association High Schools, the Bristol-Plymouth Regional Vocational Technical, Planeths, LLC.

Back Sign & Submit Form

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1:29 PM 1/14/2022

STEP 20

Order R953396666 - NFHS SHOP X Athletic Participation/Emergen X +

Order R953396666 - NFHS SHOP

https://www.planeths.com/index.php?keyword=pre_participation_form_edit&formKey=district_4196_emergency_consent_form&userInFocus=1994688&formYear=2021&schoolID=44780

Self Help

Athletic Participation/Emergency Consent Form

1. Has your child ever been diagnosed with COVID-19? YES NO **Self Help**

- If yes, you must provide a completed Sports Health Clearance Form to the Nurses Office

2. Does your child have any health concerns we should be aware of? YES NO

3. Has your child ever been diagnosed with having had a concussion? YES NO

4. If you answered yes to any question please explain further: []

Special Considerations:

If a student has an allergy and requires an epi-pen it is the student/parent responsibility to have epi-pen with them for all sports activities.

If a student has asthma and requires a fast acting inhaler it is the student/parent responsibility to have the inhaler with them for all sports activities.

If a student has an injury during a sports season that requires a visit to a physician the student will need written clearance from the physician to return to sports (ex, Concussion, torn ligament, and fracture).

Emergency Contact Person (s): [Include Home and Cellular Telephone #]

Name: []	Home Phone: []	Cell Phone: []
Name: []	Home Phone: []	Cell Phone: []

RELEASE FROM LIABILITY AND INDEMNITY AGREEMENT

We the undersigned father/mother or guardian (s) of: [Student Test] a minor, do hereby consent to his/her participation in voluntary athletic programs and do forever RELEASE, acquit, discharge and covenant to hold harmless the Bristol-Plymouth Regional Technical School District, and its successors, departments, officers, employees, servants and agents, of and from any and all actions, causes of actions, claims, demands, damages, costs, loss of services, expenses, and compensation on account of, or in any way growing out of, directly or indirectly, all known and unknown personal injuries or property damages which we'll may now or hereafter have as the parent(s) or guardian(s) of said minor, and also all claims or right of action for damages which said minor has or hereafter may acquire, either before or after he/she has reached his/her majority resulting or in result from his/her participation in the Bristol-Plymouth Regional Technical School District and its successors, departments, offices, employees, servants, and agents against any claims for damages, compensation or otherwise on the part of said minor growing out of or resulting from injury to said minor in connection with his/her participation in the Bristol-Plymouth Regional Technical School's voluntary athletic programs, and to INDEMNIFY, reimburse or make good to the Bristol-Plymouth Regional Technical School District or its successors, departments, officers, employees, servants and agents any loss or damages or costs, including attorney's fees, the District or its representatives may have to pay if any litigation arises from said minor's intentional, grossly negligent, or reckless acts or omissions while participating in said sports programs.

Bristol-Plymouth Regional Technical School and its athletic trainers have my permission to seek necessary emergency treatment for my daughter/son during her/his participation in athletics, practice, games, and conditioning workouts. This permission remains in effect for the duration of the school year. Your signature below indicates that you agree with the statement above and that you have reviewed the information provided to you Heads Up Concussion-a fact sheet for parents.

My clicking on the Sign & Submit Form button below is my signature and indicates that to the best of my knowledge, my answers and information provided to the above questions are complete and correct. I understand that the information about my account that I have provided on this form may be used for analytical and research purposes anonymously (without any personally identifying information) I consent to the access and use of this data by Massachusetts Interscholastic Athletic Association High Schools, the Bristol-Plymouth Regional Vocational Technical, Planeths, LLC.

Back Sign & Submit Form

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1:32 PM 1/14/2022

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STEP 21

The screenshot shows a web browser window with the URL https://www.planeths.com/index.php?keyword=user_emergency_contact&advise&schoolID=44780. The page header includes the Big Teams logo and navigation links for Home, Athletic Forms, Link Account, and Message Center. A search bar and school selection dropdown (Bristol Plymouth Voc. Tech. High School) are also present. The main content area features a red banner that reads "After all Forms Completed Click 'HOME'". Below this is a form titled "Please provide emergency contact info." with a sub-header "Please supply at least one emergency/alternate contact phone number." and a note: "Bristol Plymouth Voc. Tech. High School requires emergency telephone and contact information to be registered for every student that wants to tryout or participate in any activity or sport." The form fields include: First Name, Last Name, Relationship to Student (dropdown), Primary / Mobile Phone, Secondary / Work Phone, Alternate Phone, Email Address, Street Address, City, State (dropdown), and Zip Code. A left sidebar menu is visible with "Emergency Contact" selected. The Windows taskbar at the bottom shows the date as 1/14/2022 and the time as 1:33 PM.

Click Emergency Contact
Fill Out and Click
UPDATE

STEP 22

Once all your sections are complete
Your parent/guardian will have to
go to the email from bigteams
to link accounts

They will then have to sign off on
everything you completed

Finally the athletic director will
have to sign off on everything